





#### How long do I have to quarantine?

You should stay home 14 days after your last contact with a person who has tested positive for COVID-19.

# Scenario 1: Close contact with someone who has COVID-19 and will not have any further contact while they are sick.

I had close contact with someone who has COVID-19 and will not have further contact or interactions with the person while they are sick (e.g., co-worker, neighbor, or friend).

# Scenario 2: Close contact with someone who has COVID-19-live with the person but can avoid further close contact.

I live with someone who has COVID-19 (e.g., roommate, partner, family member), and that person has isolated by staying in a separate bedroom. I have had no close contact with the person since they isolated.

# Scenario 3: Under quarantine and had additional close contact with someone who has COVID-19.

I live with someone who has COVID-19 and started my 14-day quarantine period because we had close contact. What if I had close contact with the person who is sick during my quarantine? What if another household member gets sick with COVID-19? Do I need to restart my quarantine?



Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.

	mon	tue	wed	thu	fri	sat	sun	
Person with COVID-19 starts home isolation		•••••	(1)	2	3	4	5	
	6	7	8	9	10	11	12	- Last day of quarantine
	13	14	15	16	17	18	19	
	20	21	22	23	24	25	26	
	27	28	29	30	31 1	4 DAY QUA	RANTINE	

Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.

	m o n	tue	wed	thu	fri	sat	sun	
Start of first quarantine		·····>	(1)	2	3	4	(5)	Additional contact or someone else got sick, quarantine starts over  Last day of quarantine
	6	7	8	9	10	11	12	
	13	14	15	16	17	18	19	
	20	21	22	23	24	25	26	
	27	28	29	30	31 1	4 DAY QUA	RANTINE	

Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.

Source: COVID-19: When to Quarantine







Yes, you will have to restart your quarantine from the last day you had close contact with anyone in your house who has COVID-19. Any time a new household member gets sick with COVID-19 and you had close contact, you will need to restart your quarantine.

### Scenario 4: Live with someone who had COVID-19 and cannot avoid continued close contact.

I live in a household where I cannot avoid close contact with the person who has COVID-19. I am providing direct care to the person who is sick, don't have a separate bedroom to isolate the person who is sick, or live in close quarters where I am unable to keep a physical distance of 6 feet.

	mon	tue	wed	thu	fri	sat	sun	
Person is sick/ has covID-19  Criteria met to end home isolation	30	31	1	2	3	4	5	
	6	7	8	9	10	11	12	
	13	14	15	16	17	18	19	
	20	21	22	(23)	24	25	26	- Last day of
	27	28	29	30	31 1	4 DAY QUAI	RANTINE	quarantine

Please note if your quarantine starts at noon on day 1, then it would end at noon on the last day.

You should avoid contact with others outside the home while the person is sick, and quarantine for 14 days after the person who has COVID-19 meets the <u>criteria to end home isolation</u>.

Source: COVID-19: When to Quarantine